

THE EMPRESS EXPRESS

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EMPRESS, ALTA. THURSDAY, Nov. 7th, 1935

Price: \$2.00 Per Year.

United Church

Armistice Day Services

Nov. 10 being the Sunday immediately preceding Armistice day, an address in keeping with the day will be given. Members of the G. W. V. A. will be specially welcome.

Sunday services:
—
Empress—
Sunday School, 2:00 p.m.
Church Service, 7:30 p.m.
Subject: "They that take the sword."

Rev. A. T. Bell, pastor.

A Coming Event

Monday, November 18, the teachers and officers of the United Church Sunday School are putting on a Social Evening for all adult residents of town. High School age and upward. No admission fee. We usually put on a Community Christmas tree and entertainment; and at this social an opportunity will be given to the people to contribute to a fund for that purpose.

Alta. Liquor Board

Salaries Reduced

Edmonton, October 28.—Voluntary reduction of the higher salaries of the liquor board staff has been made.

While definite figures are not available, it was learned that the salary of R. J. Downing is being reduced from \$9,000 to between \$8,000 to \$5,000 a year. Premier Aberhart Saturday, confirmed the reports that the reductions were being made.



SPECIAL LOW RATES

These rates are for Gift Subscriptions for One Year to Canada and Newfoundland only. The donor's own subscription or renewal may be included in an order. Every recipient of a gift Subscription will receive a handsome Gift Announcement Card, bearing the donor's name. This card reproduces in full color a Gaudy painting by a well-known artist and is suitable for framing.

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1 or 2 Gift Orders, each \$1.00
3 Gift Orders 2.50
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Gift Orders, over 4 75c. each

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1 or 2 Gift Orders, each \$1.50
3 Gift Orders 2.50
4 Gift Orders 3.00
Gift Orders, over 4 75c. each

MAYFAIR or Canadian Homes & Gardens

Single Gift Orders \$2.00
2 Gift Orders 3.50
3 Gift Orders 5.00
Gift Orders over 3 1.50

Headquarters for School Supplies

Our stock is complete and comprises supplies of all kinds, Exercise Books, Scribbles, Pencils, Erasers, Pens, Crayons, Rulers, Geometry Sets, Loose Leaf Books, Fountain Pens, etc. Purchase your supplies from us.

EMPRESS DRUG CO., Ltd.

We are agents for leading nurseries. Cut Flowers ordered on short possible notice.

W. B. Campbell, Rancher of Buffalo, Alta., Passes On

W. B. Campbell, rancher of Buffalo, died recently at the age of 61 years, after an illness of some duration. Says the Gleichen Call, "For many years during his residence in Dorothy he made Gleichen his place of business. In the days before the auto became popular, Mr. Campbell and his family drove to Gleichen by team, the distance being about 75 miles, and it took about four days to make the round trip."

The late Mr. Campbell was born in Kilmarnock, Scotland, and came to Alberta about 12 years ago, settling in the Olds district. He moved to Okotoks in 1893, and resided there for eight years before taking up ranching along the Bow river in the district near Carleton Place. He later moved to Dorothy where he ranched for a number of years, and then to the Buffalo district in 1930.

Mr. Campbell was a member of the Gleichen Old Times Association and of the Western Stock Growers Association. He was the son of the late Captain Campbell, justice of peace in Ayrshire, Scotland.

Besides his widow, Mary, he is survived by two sons, George and Alfred; two daughters, Mary and Elizabeth, both of Buffalo; a brother and sister in England and a brother and sister in South Africa.

The funeral took place in Calgary and was largely attended by old timers and cattlemen, many of whom were from this district. Pall bearers were Douglass Hardwick, T. Lawson, T. MacMillan, W. S. Playfair, George Scott and Joseph Whitford.

Honorary pallbearers were: L. McKinnon, J. B. Corbet, D. Daniel, George H. Goodenham, C. Jarboe and W. H. James.

"Youth Drifting"

Dean of Canterbury

New York, Oct. 19.—Dr. Hewlett Johnson, dean of Canterbury, offered today the theory of Social Credit as a cure for economic ills and as a defense against Communism.

Speaking before the New Economic Group of New York, he outlined the Social Credit plan which seeks to balance the cost of production with prices paid for production through a retail discount and a national dividend or credit redemption.

Social Credit, he contended, would remove the causes for unemployment and poverty in the midst of plenty.

"Youth is drifting to Communism through the sheer loss of hope in life because of indigent idleness," he declared. "Russia is doing great things; its ideals at any rate are big; its youth works for the joy of work."

"And Russia," warned the Dean, "is not very far from here."

School Report

September and October Report of Intermediate Room

Grade VIII:
Dorothy Pullin, 86.02
Bernice Durr, 85.5
Shirley Sibley, Irene Anderson, 78.42
Constance McCune, 77.5
Laurence Hammick, 77.17
Olive Lyster, 75.16
Annie Fraser, 69.12
Margaret Turner, 68.17
Margaret Miller, 64
Elnora Hurlbert, not ranked

Grade VII:
Rose Orsdel, 70.75
Cameron McCune, 71.81
Osborne Boswell, 71.42
Eric Boswell, 72.25
Blair Morrison, 72.17
Gordon Bowler, 70.58
Vesley Lyster, 68.17
Rosemarie Pawlak, 60.17
Fred Stonely, 58.17
William Orsdel, 55.18
Dorothy Hurlbert, 55.18
Kenneth Hopkins, 53.83

Grade VI:
Gloria MacBae, 87.4
Helene Brunner, 78.5
William Pool, 71.1
Allan Robertson, 70.2
Violet Fishback, 66.2
Hazel Bowler, 61.8
Evelyn Stonely, 50.1
Irene Scott, 57.8
Leslie Robertson, 52.7
Gordon Rauch, 51.8
Laura Russell, 51.7
Teacher, V. B. Saunders.

United Church Anniversary

November 3 marked the 8th Anniversary of the building of the United Church of Empress. The occasion was fittingly marked by a special service on Sunday evening, which was conducted by the Pastor. The service was well attended and much enjoyed.

Monday, the 4th of November, the Annual Fowl Supper proved to be the event of the season. Some 200 people, each with a good appetite, were able to enjoy the generous servings. The supper tables were cleared and games were entered into by young and old. The ladies of the church were kept busy all day, but they went home satisfied that the residents locally supported them, and helped make the anniversary something to remember. The ladies wish to thank all those who so generously helped to make the anniversary such a success.

Cold weather of the past week has given a boost to the number of train crews working out from this point on the coal haul.

Weddings

Gieron - Chrusciel; Shubert - Skappak

Recently, the Catholic Church, Cleveland, was the scene of two beautiful autumn weddings.

Tuesday morning, October 22nd, Miss Bernice Chrusciel, became the bride of Mr. Jacob Gieron, and on Monday morning, October 28th, Mr. John L. Shubert and Miss Catherine Skappak were united in the bonds of marriage.

Rev. Father Sullivan performed the ceremonies, and on both occasions the church was filled to capacity with relations and friends.

The Empress Express wishes the newly-weds a pleasant journey through life.

Remembrance Day, Nov. 11th

"To you from falling hands we throw
The torch—be yours to hold it high;
If ye break faith with us who die,
We shall not sleep though peoples grow
In Flanders Fields."

Uncivilized Ethiopians Spurn Tobacco, Don't Drink Wine

Addis Ababa—Ethiopians, as a race, are non-smokers. No woman, no priest, and very few Christians here smoke. Generally speaking, it is only the "civilized" people in Ethiopia who use tobacco. The "wild" uncivilized natives spurn it.

This abstinence is due to the influence of the church which is uncompromisingly against smoking. At times in the past there has been so much fanaticism that governments have punished tobacco users with great severity. One still finds older men who were once anti-tobacco inspectors and whose duty it was to see that no tobacco was planted or smuggled into the land.

A priest who smoked would immediately lose his standing even now.

The Ethiopians are exceedingly conscientious in observing all fasts and in preserving orthodox doctrines, so the condemnation by the church of tobacco is almost as effective as its condemnation of the use of pork.

The Gallas and Gargages tribes that are largely Moslems, use some home-grown tobacco.

No wine is made or used by the Ethiopians, though much mead and home-made beer is drunk. The slight alcoholism of these beverages—Christian So Monitor.

Bindless Notes

Mr. and Mark Chesney and family left for Rocky Mountain House on Saturday last.

Mr. and Mrs. Sig. Fjalkberg, of Broderick, Sask., spent Thanksgiving with their parents here.

Mr. Einar Simonsen, left for Saskatoon last Saturday morning.

Mrs. Wm. Fowle is visiting friends in Medicine Hat, this week.

Mr. and Mrs. Bendall have moved to the farm formerly occupied by Joe Cyr.

Mrs. A. T. Barber received word on Saturday, that her father, Mr. William Rogers, had died at Shelburne, Ont. The late Mr. Rogers was 85 years of age and leaves a family of two sons, Mr. Roy Rogers of Montclair, Sask. and Mr. Ben Rogers, of St. Catharines, Ont., and two daughters, Mrs. Edith Jackson, of Orangeville, Ont., and Mrs. A. T. Barber, of Bindless, Alta., to mourn the loss of a kind and loving father.

During the past summer, the city of Medicine Hat, laid three blocks of tar sand pavement at an estimated cost of less than \$5,000.

NOTICE

Annual Meeting of Electors

PUBLIC NOTICE is hereby given that a meeting of the electors of the RURAL MUNICIPALITY OF MANTARIO, No. 202,

will be held at

The Pool Hall, Mantario on MONDAY, the 18th day of NOVEMBER, 1935, at 1:00 o'clock p.m. (Mountain Standard Time) for the purpose of Nominating Candidates for the office of REBEVE of the Municipality and a COUNCILOR each for division numbered TWO, FOUR, SIX. Dated the 31st day of October, 1935. C. EVANS SARGENT, Secretary-Treasurer.

St. Mary's Anglican Church

November 17—
Empress, 7:30 p.m.
Retiary, 3:00
Ainville, 11:00 a.m.
Rev. J. S. Parke, Vicar.

32nd Battalion

Plans are being made for a meeting of the original members of the 32nd Battalion C.E.F. with the ultimate object of holding a re-union during the winter.

Any information regarding the matter may be had from J. Eaton, 906 Hoskin Ave., Morse Place, Manitoba.

R. M. Mantario No. 262

[cont. from last week]

Edwards—That each member of the Council be authorized to issue emergency order not to exceed 1 ton to any applicant who has been passed for relief; accounts to be sent to the office at once by the dealer, and same to be stopped off the official relief orders when issued.

Hawtin—Re letter from Department of Agriculture.—Resolved that the Secretary take up this matter with the Dept. Agriculture and point out that the Council agree certain blocks of land within the Municipality (cont. on back page)

NOTICE

For Nomination Meeting for Election

PUBLIC NOTICE is hereby given that a meeting of the Electors of the RURAL MUNICIPALITY OF MANTARIO, No. 202,

will be held at

The Pool Hall, Mantario on MONDAY, the 18th day of NOVEMBER, 1935, from TWO O'clock to THREE O'clock in the afternoon, (Mountain Standard Time) for the purpose of Nominating Candidates for the office of REBEVE of the Municipality and a COUNCILOR each for division numbered TWO, FOUR, SIX. Dated the 31st day of October, 1935. C. EVANS SARGENT, Returning Officer.

A DOLLAR'S WORTH

Clip this coupon and mail it with \$1 for a six weeks' trial subscription to THE CHRISTIAN SCIENCE MONITOR

A Paper for the Home, World-Wide in Its Scope

It is now the daily good news of the world from its 750 special writers. It is as disinterested, devoted to women's and children's interests, sports, music, education, politics, etc. You will be glad to welcome into your home a Christian Science Monitor. And don't waste another day, send this coupon.

The Christian Science Monitor, Back Bay Station, Boston, Mass. Please send me a six weeks' trial subscription. I enclose one dollar (\$1.00).

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to the local printers.

THE EMPRESS EXPRESS

Tea at its Best

TEA

Recreation A Vital Necessity

Ever since some authority discovered and told the world that every man should have a hobby, the dictum has been reiterated at intervals by later authorities with varying degrees of emphasis and sometimes by those who are interested in promoting some form of amusement or recreation.

Whether uttered, however, with or without an ulterior motive the assertion is one which has a sound foundation in psychology and human experience. It is first cousin and as well founded as that more popularly known saying: "All work and no play makes Jack a dull boy."

While a hobby or recreation is a valuable adjunct to work for man at all periods of his march from the cradle to the grave, in at least two stages of his progress, in youth and in old age, it is an absolute essential if he is to achieve the goal of life—happiness.

The word recreation itself gives a clue to the reason. Re-creation, the making over again of the individual as he seeks relaxation from the "trivial round and common toils of a monotonous life."

Unless a man is content to be a dull clod, he must refresh and re-create himself by seeking relaxation in some pursuit which, for the time, will lift him above the cares and worries incident to earning his daily bread and providing for the needs of those dependent upon him. He needs some interest, which will infuse rest into aching limbs or brush away the cobwebs from the brain.

In youth it is a diverse interest may take the form of athletic, mechanical activity and with a minority, some more sedentary type of recreation, but no matter what form it may take, it is essential to the development of a sound, robust citizenship, that youth should be allowed time for recreation. The lad or young man without a hobby is apt to become morbid and unhealthily introspective. Youth is normally a period of superabundant energy and this overflowing vitality should be allowed to express itself in forms of healthy recreation, and if it can be used as a step ladder to a life vocation, it is that much more to the good.

Many a youth has "found" himself in the pursuit of a hobby. History is full of stories of boys and young men who have made good in later life because they have been allowed to follow their bent and of many more who have done so despite overwhelming obstacles and discouragements. By all means encourage the young man to take up some interest, apart from his day work and chores.

And if a hobby is essential to youth it is vital to old age. There is no more pitiful sight than the old man whose physical powers have waned and who has no interest in life or in living. Such a man is a burden to himself and an incubus to his associates. He is miserable personified and makes miserable those with whom he comes in daily contact.

But the old man who has built up an interest secondary to the life work which he pursued in his prime is spared these pains and penalties of advancing years. As he becomes physically enfeebled he is able to turn his hand and his mind to a pursuit which daily grows in fascination, because it can be taken for granted, that the hobby which he has developed is something which he likes and in which, therefore, he can excel. Such a pursuit will go far towards prolonging life itself and will certainly give it a more declining years. Oloom will give way to sunshine and contentment will displace moroseness.

But it is too late for the aged to develop a hobby after they have reached the sere and yellow. The old adage, "You can't teach an old dog new tricks" is applicable to humanity. There may be exceptions but that is the rule. That is one of the reasons why, even during the crowded years of prime and middle life, a recreation is not only advisable but essential. It is an insurance policy for a contented and interesting old age.

Moreover the man who diversifies his interests beyond his life's vocation, even during the prime of life at the full, is more likely to have an old age in which to further develop his hobby. It may well be something apart from his daily work. It may well be something related to it, in which event its pursuit will yield additional interest and perhaps more tangible dividends in the task of making a life.

Building Up Air Force

Chinese Dancers Are Willing To Help Aviation League

Dancers are to do their bit in helping China get together a strong air force. This is a result of a request by the China Aviation League to the proprietors of Chinese dance halls in Shanghai for a charge of five cents on every dollar earned in their establishments to go towards a fund for the purchase of airplanes. The dance hall owners will pass the five cents charge on to their customers. The proposal has been accepted by 20 dance halls and others are expected to notify the Aviation League of the compliance before many dance-nights have passed.

Brelin cleans its streets of old dropped by motor vehicles by shooting jets of live steam, generated by portable boilers, over the surface.

The use of bright colors at Easter time is symbolic of the rays of the aurora and the dawning hues of the Easter sun.



CRACKED SKIN
RED KNUCKLES
SPLIT CUTICLE

PREVENT CHAPPED
ROUGH HANDS—apply
HINDS Night and Morning

HINDS
Cream

First Bicycle In Bavaria

Built In 1861 It Is Made Entirely Of Wood

Bavaria's first bicycle, built by the famous German sports instructor, Johann Friederich Treff, has been at Munich. The bicycle is made entirely of wood, and was designed and built by Treff in 1861. Penalties, when they first saw him pedalling the wooden machine along the road around Munich, shouted "witten-deckor" and often threw stones and crossed themselves. Treff only managed to overcome Bavarian prejudice after he had built an iron bicycling hall in Stuttgart to "introduce Germans to the bicycle."

Compiling Jewish Dictionary

Will Be First One Ever Prepared For Publication

Declared to be the first dictionary of the Jewish language ever compiled, a work is being prepared for publication by the Institute of Jewish Protestant Culture of the White Russian Academy of Sciences, according to a report from Moscow. It will be issued in three volumes. The White Russian State Publishing House is also preparing to publish Jewish translations of the world's literary classics. Among the first to appear will be Shakespeare's "Othello" and "Romeo and Juliet" and Schiller's "William Tell."

Customer—Are those eggs strictly fresh?
Grocer (to his clerk)—Fool of those eggs, George, and say if they're cool enough to sell yet?

Heading the best sellers among Braille books published by the National Institute for the Blind in Great Britain are the Bible and an Edgar Wallace novel.

Assistance Will Be Given

Alberta Government To Help Exhibitors At Winter Fairs

Alberta Government will once again assist seed grain exhibitors at the Toronto Royal Fair and Chicago International this fall. For the Royal Fair, entry fee and shipping costs to Toronto will be paid on boys' and girls' club exhibits. Return shipping costs will not be paid.

At Chicago International Hay and Grain Show, where Alberta has made such an outstanding record in seed grain for the past 15 years, the government will pay shipping costs on approved exhibits. Prize money in the regular grain sections at Chicago won by Alberta exhibitors will be duplicated by the provincial government. In the case of one or more first prizes or championships being taken, a special bonus of \$50 will be granted, which will be increased to \$100 in the case of championships in wheat, oats or barley. The provincial feedstock branch will as far as possible supervise the arrangements for the exhibitors.

Still In The Lead

No Book So Widely Read As The Bible

The Bible of the present generation is the outcome of centuries of recital and recitation. It contains 66 books in one, covering history, psalms, prophecy, romance, law, biography, and genealogy. Men have lived as correspondence. Men like King George read a part of it every day for guidance and encouragement in their tasks. Sun Yat Sen, Chinese follower of Confucius, Mahatma Gandhi the Hindu, and Kawaaga of Japan, passed over it and its contents to their destinies by its teaching. It is read in palaces and in mud huts. Each year the Bible societies of the world send out 25,000,000 copies in hundreds of languages. In spite of supposed religious indifference it is the most read book in the world.—St. Thomas Times-Journal.

Receive Cordial Welcome

Employees On Besborough Estate Glad Family Is Home

The Earl and Countess of Besborough and their family received a cordial welcome from employees of their estate when they returned to their home, Stansford Park, Hampshire, England. The Earl has just completed his term as governor-general of Canada. Flaga waved as the Besboroughs' car passed beneath an archway of foliage bearing the words "welcome." An address of welcome was presented.

Parents and children from the estate were entertained at the celebration and a bonfire concluded the celebration.

Cheat Grass New Menace

Range Pastures In Kamloops Area Show Growth Of Weed

A warning is given by Dr. S. E. Clarke, of the Range Experiment Station at Manierberrie, Alta., of the spread of cheat grass which has been proven to be a troublesome weed in Montana. It has been found in range pastures in the Kamloops area. At Oblique mountain it is a part of the range and along railway tracks. In appearance it resembles dwarfed wild oats.

Brings Back Heavy Mail

M. M. MacLean, of the Post Office Department at Ottawa, is home from the Arctic with a mailing almost as big as Santa Claus'. Mr. MacLean went north with the Government's annual Arctic expedition to inspect far northern post offices. He brought back 13,000 letters sent north by Philatelist to be stamped by Royal Canadian Mounted Police officers at post offices on the roof of the world.

Crop Worth Half Million

Growers estimate the 1935 crop of hops in the Fraser Valley at 1,700,000 pounds with a value of half a million dollars. This represents an increase of 300,000 pounds over 1934. Some 2,600 pickers were employed in harvesting the crop.

The last sailing ship built in Great Britain was the Archibald Brown, which was built in Glasgow in 1910.

for CHAPPED SKIN
Dilute Mirnard's with one-half ounce of water, cream, or milk and apply to the affected parts. No trouble. Very healing!

MIRNARD'S
"KING OF PAIN"
POLYMER

Now Science Explains Why So Many People

Past 40

Feel That They're Slipping Losing Their "Grip" on Things



Many people "round 40 think they're 'growing old.' They feel tired a lot. 'Weak,' 'Have headaches, dizziness, stomach upsets.'

Well, scientists say the cause of all this, in a great many cases, is simply an old condition of the stomach. Nothing more.

All you have to do is to neutralize the excess stomach acidity.

When you have one of these acid stomach upsets, take Phillips' Milk of Magnesia after meals and before going to bed. That's all!

Try this. Soon you'll feel like another person! Take either the familiar liquid or the convenient new Phillips' Milk of Magnesia Tablets. Made in Canada.

PHILLIPS' Milk of Magnesia Tablets are now on sale in 10-cent boxes, each containing 10 tablets. Each box contains a small booklet explaining the use of the tablets.

PHILLIPS' Milk of Magnesia

FASHION FANCIES

ARMY TROOPERS PREFER JAIL TO HAVING HAIR CUT

Troopers of the Czechoslovakian army went on strike recently to escape the great peril of having their hair cut. About 40 of the men stationed at Olomouc flatly refused to obey their commanding officer when he ordered them to report to the barbers for a trimming. They clung to their determination not to have their hair cut and were sent to jail.

Their reason, they said, was that they were about to be discharged from the army and would have to look for work. Everyone knows that a smart appearance counts for a lot in getting a job, they pleaded, but who can look really smart with one's hair cut like a convict's?

Experiment A Success

British Eggs Dispatched By Air Hatched In Australia

An experiment in sending British eggs by air mail to Australia, to be hatched by Australian hens, proved a great success, as two sturdy Rhode Island chicks hatched unknown in Australia. Prof. F. P. Finney, assistant secretary of the poultry club of New South Wales, received two settings of Rhode Island eggs by air mail.

They were dispatched fifteen days earlier by Lord Greyhound from his farm at Kilmuir, Epsom, Hampshire. The two chicks hatched 23 days after receipt.

Ides For Poultrymen

Chickens May Be Tattooed With Brand Of Owner

Chickens, tattooed on the wing, may soon become the present-day conquerors of man-traded cattle and horses of the old west, and for the same reason—to tell thieves. A system of identification, endorsed by the Northeastern Poultry Producers' Association is based on needle-punctured marks in the skin—where chickens' wings and then filled with indelible ink. Each poultry-raiser has his own "brand," which is registered, and entered in identification books distributed to law-enforcement agencies.

Will Meet In Vancouver

Canadian Legion Convention To Be Held Early Next Year

The sixth convention of the Canadian Legion will be held early next year in Vancouver, a communication from Dominion headquarters of that organization said. The "veterans' parliament" will assemble late in February or early in March, but the date has been left to the Dominion president, Brig-General Alex Ross, of Victoria, B.C.

Ninety per cent. of the world's clothing is made of cotton.

Modesty is just a matter of concealing what you think of yourself.

Mounted Section Necessary

Separate Division Of R.C.M.P. Is Being Considered

The old order changed.

The Mounted Police are considering forming a mounted section in the force, according to the annual report released at Regina headquarters.

"If present plans are advanced to completion," the report states, "the subjects of equitation, mounted drill and stable management will be undertaken by those assigned to the mounted section only."

The report states difficulty is experienced in completing the training of some recruits within the prescribed period of six months when intensive training in equitation is included in the syllabus.

So some recruits may be assigned to mounted duty only, while others will take instruction in more modern and rapid means of travel.

Despite reports that the force was slowly but surely doing away with horses, Major-General Sir James H. Macbride, commissioner, states in the report that "there is no intention whatever of dispensing altogether with the mounted man. A well trained mounted unit of sufficient number is invaluable to any force which may be called upon to handle crowd control."

At the present time, the report states, the force throughout the Dominion has 238 saddle horses and 10 horses, and of these 48 are used in the 13 team horses are located in Saskatchewan.

Other means of land transport owned by the Mounted Police are 411 passenger cars; 34 motorcycles; 19 motor trucks; three railway gas cars and a slight dozen of trucks.

Of that number, there are 90 motor cars, four motor trucks and 28 dogs stationed in Saskatchewan.

The force also operates 11 cruisers and eight patrol boats in preventive services on the eastern and western coasts.

Must Spoil Their Appearance

Army Troopers Prefer Jail To Having Hair Cut

Troopers of the Czechoslovakian army went on strike recently to escape the great peril of having their hair cut. About 40 of the men stationed at Olomouc flatly refused to obey their commanding officer when he ordered them to report to the barbers for a trimming. They clung to their determination not to have their hair cut and were sent to jail.

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Ninety per cent. of the world's clothing is made of cotton.

Modesty is just a matter of concealing what you think of yourself.

Swing Back to Ogden's

Thousands of other "roll-your-owners" are swinging back to Ogden's Fine Cut simply because only Ogden's gives them the satisfying cigarettes they want.

With better times, you too, can afford the little that Ogden's Fine Cut costs, and it means everything in smoking enjoyment. Ogden's rolls best with "Chanticleer" or "Vogue" papers.

52 Poker Hands, any number, now accepted as a complete set.

OGDEN'S FINE CUT

Your Pipe Knows Ogden's Cut Plug

Must Have Good Method

Tokio Claims To Know Number Of

In Tokio they have a way of counting the flies they swat. You have the word of Norio Iguchi, health officer in Saka, who counted 106,124,518 flies were swatted in Tokio in two days. He does not say in counts three or four, but he explains that the slain flies were packed in 175 large tins. The champion fly-killer was a fish merchant, who felled 95,000 with deadly accuracy.

Negotiations for the laying of a telephone cable to cost \$3,500,000 are to be opened shortly between Denmark and the British General Post Office.

NOW TAKE HEALTH from LITTLE MANITOU SPA

FAMOUS MINERAL SALTS BROUGHT TO YOU

Carlsbad, Vichy and other resorts in Europe are famous for their mineral springs. Canada too, has its Carlsbad, for Little Manitou in Saskatchewan, that is, in the heart of the prairie, is a source of potent curative properties.

These powerful health-giving salts are extracted from the water of the lake, obtained and prepared, with the addition of Iodine, by expert chemists. They are then available in a form known as "Suskana"—a very fitting name for these mineral salts.

Suskana is non-effervescent, and is highly recommended in all ailments arising from over-acidity of the blood.

If you suffer from Rheumatism, Neuritis, Mild Stomach Disorders, Kidney and Liver Troubles, Impure Blood, Skin Eruptions and Constipation, a short course of Suskana will give you the relief you need.

If you are drifting along in indolent lethargy, a course of Suskana will give you a new experience of what it feels like to be in real good health. If you think you need good health, take a sample of Suskana and then judge for yourself. Suskana gives relief.

On the whole, Suskana—enough for 10 weeks' treatment—costs 60¢ a bottle.

MAIL THIS COUPON TODAY

I would like to try SASKANA. Please send me a FREE sample as offered in this advertisement.

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Prof. _____

Prof. _____

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Many changes Brought About in Canada Through Motor Car Development

Canada's highways and motor cars present a striking illustration of changes brought about by progress and invention.

In the early days of settlement, roads were auxiliary to water routes as avenues of transportation. They were used during the summer season when portages were necessary to avoid obstacles to river and lake travel and during the winters when ice prevented navigation. The growth of population and the demand for means of communication between settlement points soon made necessary the introduction of overland routes and road construction in Canada got under way in the pioneer stages of the development of the country. Exclusion of the streets in cities, towns and incorporated villages, the total mileage of surfaced roads in Canada at the end of 1934 was 58,642, over half of which was in Ontario. The mileage of unimproved and improved roads was 315,627 miles, making a total of 409,569 miles of rural roads in Canada.

The automobile has played a most important part in Canada's road history, especially during the last twenty years in which the motor car has come to rank as a necessity of life to a large proportion of the population. The motor car made its debut in Ontario in 1904, when 535 vehicles were registered, and from that moment more registrations in the Dominion as a whole grew by leaps and bounds until they reached the peak figure of 1,232,489 in 1930. The last three years showed a slight decline, but in 1934 the automobile again gained ground with registrations totalling 1,178,745 vehicles, a gain of 46,375 over 1933.

Canada has a wealth of highways and motor cars, and the extent to which the Canadian people now enjoy the educational and recreational values of travel reflect the new and higher standards of living which progress and invention have placed practically within reach of all.

Made Unlucky Catch

Torpedo Vessel Nearly Brought Disaster To Fishing Boat

A torpedo weighing several hundred pounds, entangled in the net of the Hamburg fishing cutter Frieda, nearly brought disaster to ship, crew and cargo. The vessel put into Schich Island near Hamburg, where the net almost burned away and its lifeboats destroyed by fire. The skipper, Captain Jonas, explained the unlucky catch as a result of a Helgoland, and when the head of the torpedo was hauled on board for some unknown reason it burst into flames. The deck caught fire and even the glass of the wheelhouse melted. The wheelhouse, the mast and rigging were all destroyed. The terrified crew made it impossible to fight the flames at first, but the crew later made desperate efforts to keep the flames down, fearing that the vessel would explode. Fortunately, the fire was extinguished before the engines were affected. The crew escaped injury.

China Has Insurance Tax

People Who Cannot Read Or Write Must Pay

An insurance tax is the latest form of taxation. After April 30, 1936, anyone on the city streets who cannot explain a simple lesson in the standard Chinese primer to any policeman who questions him will have to pay a tax on the number of the "ignorant people's tax," which is the backbone of the drive against illiteracy. More than half the citizens of Nanking can neither read nor write, and the government has decided something must be done about it.

Must Be A Good Car

Lady Motorist Makes Long Trip In Old Automobile

From Mexico City to Montreal via the Pacific coast, about 5,200 miles, in 24 days, in a 12-year-old car with some 250,000 miles to its credit, the trip recently completed by Mrs. Charles Weber of Vancouver, who motored to Montreal to visit relatives.

Mrs. Weber has driven the same automobile five times across the continent and, about five years ago, drove it on a tour of European countries. She says it is still going strong.

"That Miss Smith can't tell a thing without exaggerating," "Did you ever ask her age?"

The Best Tank Heater

Wood-Burning Fireplace Under Galvanized-Iron Tank

After trying many ways of tempering drinking water for cattle and horses, the superintendent of the Neverside Sub-station has decided that, for any situation where the fire hazard does not forbid it, the best system is a wood-burning fireplace under a galvanized-iron tank. The fireplace may be made of cement-concrete walls long enough and wide enough to support the metal tank in which the water is to be warmed. It is convenient to have the fireplace about twenty inches deep and to have a hinged iron door at the south or west end of it, with a four-foot brick chimney at the opposite end. Do not stick a stove-pipe length in this chimney to increase the draft. It will invalidate the fire insurance on any building situated within 60 feet unless the fact is reported to the insurance company and a much higher premium paid. Most companies decline to accept insurance where a metal chimney fire is used. The insurance agent raised no demur when the writer proposed a concrete fireplace with a brick chimney but warned against increasing the height by using a single length of stove pipe.

Flush with the top face of the wall, a few cross bars of iron may be bolted through the bottom of the tank. It is also well to have a sheet or two of old iron underneath the metal tank to protect its bottom, and especially its seams, from the direct blaze of the fire beneath.

Draft may be improved and heat economized by banking with earth except at the fireplace door, and along the side from which the animals are to drink. Some protection may be provided for the tank.

Old fence posts, old poles or lumber, knotty wood or willow roots grubbed from the breaking back cheap fuel for each fireplace and usually one or two fires a day will suffice.

Old Test Was Accurate

Grainman Knows How To Tell When Linen Was Lined

Grainman knew! When she was her father, finger, thrust it into a bundle, and peered anxiously at the result, she wasn't just being pernickish. She was utilizing what is still—even in this age of complex testing devices—one of the most effective ways for determining whether material is cotton or linen.

The finger test is effective, J. A. Nary, chief of the U. S. Testing company's laboratory in the merchandise unit at Chicago, explained, because linen absorbs water more rapidly than cotton. Thus when water is splashed at the terminals, 1,474 bushels in September as compared with 1,518 bushels a year ago.

In all cotton the spot will be circular, but the water will remain on the surface a long time before being absorbed.

United States Butcher Government Official Does Not Expect That There Will Be Much Need For Importation

Secretary of Agriculture Wallace predicted there would be little importation of butter by the United States in the next year, says a despatch from Washington.

"It is a question of a percentage basis, of course," Wallace said. "You can talk about so many thousands of pounds coming in and make it sound imposing, but as a percentage of the total it won't be important."

The statement was his answer to a newspaper inquiry as to whether he believed an increased tariff on butter, such as had been suggested by a New York group, would be justified.

Plan Has Proved Success

That the experiment of the Canadian conference inquiry as to the reduction of their pick-up and delivery freight charges has proved to be an unqualified success, this year's summer months shipments alone increasing more than eight million pounds per month, over the same period of last year, was stated at the annual meeting of Canadian National Railways Association.

A movement has been started to introduce Irish stew in Irish Free State hotels. 2121



Amazons of Ethiopia

Rusted Wheat

Grain Board's Report Show 17 Per Cent. Graded As Rusted

Some indication of the damage caused by rust to western wheat is given in the report of the statistics branch of the board of grain commissions on the movement of western Canadian grain for September. Approximately 17 per cent. is graded as "rusted." Improvement in exports of wheat is foreshadowed. The report follows:

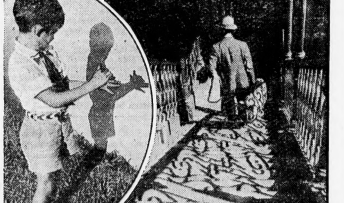
The export movement of Canadian grain to overseas destinations has been slow indeed during the first two months of the crop year. There are, however, abundant indications of a substantial improvement developing.

Now that the movement from country points is in full swing, a better idea of the effect upon this year's crop of rust and unfavorable climatic conditions is obtainable. Using the inspection returns for the first nine days of October as a basis of calculation, 17 per cent. of cars of bread wheats graded into the "special" (rusted) wheat grades and feed, and 18 per cent. 3 northern and better. The heavy increase in the proportion of light-weight grain is reflected in the lower average weight per carload unloaded at the terminals, 1,474 bushels in September as compared with 1,518 bushels a year ago.

Jazz was officially banned from radio programs throughout Germany. A government order said jazz was un-German and henceforth German dance music must replace it.

The SNAPSHOT GUILD

SHADOW SHOOTING



Experiment a little with shadow effects. You'll enjoy it.

Did you ever snap shadow effects? Steps was walking away from the camera, based on a mixture—shutter speed of 1/250 of a second was fast enough to stop action and still give the proper exposure.

Obviously the picture to the left was posed but it shows further possibilities for taking unusual shadow pictures. An ideal place for taking shadow pictures is on light colored ground. The camera should be as long as possible from the subject, and the subject should be standing so that your shadow falls on the side of a wall or a house.

Here's one place to remember. If you take pictures with the shadow cast on a light colored surface the exposure should not be as long as that used in taking pictures with the shadow cast on a dark background. In other words you make your exposure for shadow pictures but little longer than you would for an ordinary snapshot with the same lighting conditions.

JOHN VAN GUILDER.

Experts Of League Give Advice On How To Cure Crisis In World Trade

Geological Survey Work

Large Areas in West Are Found Favorable To Prospecting

Large areas of territory favorable to prospecting have been brought to light as a result of this season's geological survey work which sent 188 parties to the field in 65 projects financed by \$1,000,000 provided under the supplementary public works act.

The surveys found territory suitable to prospecting for gold and at least one promising silver area. Those geologists who have already returned from the field are busy preparing their reports which will be made available to prospectors next year.

Surveys in one area of the north-west territories revealed about 2,000 square miles of good prospecting ground for precious metals deposits and one occurrence showing free gold was stated by prospectors in the wake of one of the government parties.

One of the Manitoba projects reported it had mapped 200 square miles of favorable gold prospecting ground. Some prospecting areas were found in Northern Saskatchewan while a British Columbia party found tests should be made of tertiary gold-bearing gravels overlooked in the early placer mining days when the district yielded rich rewards.

In an area west of Lake Superior copper-nickel mineralization of the square type was found. Sporadic outcroppings, not yet proved of economic significance, occur over a distance of 14 miles. Three hundred square miles in the same district were found favorable to occurrence of silver.

May Not Sign Contracts

Kansas Farmers Not Sure Wheat Production Should Be Restricted

Whether new wheat control contracts will be signed by Kansas farmers under the United States Agricultural Adjustment Act apparently rests largely in the hands of the war gods hovering over the world. The Italo-German war and the European situation are being watched closely by the farmers.

The fact the United States already is importing Canadian wheat due to domestic supply led to speculation whether the planters of the vast grain belt would consent to follow a new tariff schedule.

A.A.A. sign-up success would keep fully 600,000 acres in Kansas out of production, an area that normally produces 10,000,000 to 10,000,000 bushels annually.

Limitation Of Gas Sale

Opposition To System Of Quotas Heard In Alberta

Definitely opposing a system of quota limitation of the sale of natural gas in Alberta, H. R. Miller, C.C. president of the Northwestern Utilities, Ltd., presented a brief to Sir Montague Barrow, in the investigation into Alberta's coal industry.

Limitation of sales would be impracticable, unfair and discriminatory to the general public as well as to the gas company, Mr. Miller contended. He charged insurance in a claim by coal dealers that if it had not been for gas 350,000 additional tons of coal would have been sold in Edmonton in 1934.

Not Caused By Quakes

Although ancient Rome had numerous earthquakes, there were never any of outstanding destruction. Some historians contend that many of the Roman palaces and temples said to have been destroyed by barbarians between the fifth and ninth centuries were really shaken down by quakes.

Sermon Was Appropriate

To avoid confusion when lights failed in the Central Baptist church at Saint John, N.B., during a hymn, Rev. Dr. Eric D. Knott immediately began his sermon. The subject was the five foolish virgins who neglected to have their lamps filled with oil. The services ended in darkness.

Memorial Candle

Erico Caruso's memorial candle, which was 10 feet high, five feet in circumference, and weighed one ton, was first lighted, is burned one day and then put out on St. John's Day and will last 15 centuries, it is said.

Ethiopia is exporting more coffee, hides and quacks than at this time last year.

"Physician, heal thyself!" Well might that mocking cry epitomize the advice of economic experts of the league on how to cure the crisis in world trade, says a report from Geneva.

Everywhere doctors—individuals and governments—are at work. They are employing purely national remedies for the disease. The doctors have not yet been able to agree, a report of the league's economic committee comments in tone of despair.

"Accordingly, the malady from which the world is now suffering is no longer entirely the crisis but rather the inability of the countries to co-ordinate their several efforts to emerge from the crisis. This inability to emerge from the crisis is a result of the paralysis of the international circulation, the regular operation of which is indispensable to the welfare of the world."

The sixteenth assembly of the league, representing 54 nations, gave its blessing to free international trade. The resolution of the United States sent a telegram of approval. Recovery of trade, the assembly resolution held, would be assisted by the conclusion by as many countries as possible, of bilateral agreements having for their object the removal of barriers to international economic policy. The resolution held further that the beneficial effects would be more widespread when based on the principle of the most-favored-nation clause. Agricultural experts are, in addition, to be consulted with a view to finding a world solution for agricultural depression.

And documents submitted present a revealing picture of a world where doctors went wrong. Two facts emerge. The first is the steady and very substantial recovery in raw materials production and industrial activity. The second is the almost complete stagnation of international trade.

Canada To Gulf Shelter Belt

125 Miles Of Planting Finished In Six States

A start has been made on the great Canada-to-Gulf shelter belt about the American mid-west, according to an announcement in the Forestry News Digest published by the American Tree Association, Washington, D.C.

Paul H. Roberts, acting director at Lincoln, Neb., says in the Digest that 125 miles of shelterbelt plantings have been completed in six states traversed by the zone. An additional 5,137 acres of special tree seedlings have been planted in this area.

On the 64th acre of land now under lease for nursery purposes, experimental work is being rapidly completed, and a number of the species are up. Barring extreme weather conditions or unforeseen insect infestations, it is expected about 75,000 seedlings will be produced.

North Dakota, with 35 miles of strip plantings has the largest mileage. South Dakota with 28, and Kansas with 24, are close contenders. The mileage planned this year was very largely restricted by the amount of suitable nursery stock available, both as to age and variety of trees.

The wide climatic conditions encountered throughout the shelterbelt zone, make it necessary to grow a variety of trees to meet the range of conditions. Each state must plant to meet its own particular needs.

Legend Of Navajo Indians

Mothers-in-Law Are Reincarnated As Bears After Death

Mothers-in-law, says a Navajo Indian legend, are reincarnated as bears after they die. A 200-pound bear became too troublesome, even for the Navajo Indians, so M. J. E. Mearns, director of the Mexican springs oil conservation project, shot it. Navajo legends barred the doors of the house and the Navajo (good luck) songs and offered prayers to the bear's departed spirit. Indians who had touched the bear's carcass were put through a cleansing ceremony by a medicine man, who turned the departed spirit into a pine tree.

Fireman: "Why were you kissing my girl in a dark corner last night?" Nurse: "Now that I know it was in the daylight, I wonder myself."

Earthquake Shocks Kill Two And Injure Scores In Montana

Helena, Mont.—Snow and increasing cold harassed this 'quake-ridden city as the jarring earth tremors, which have killed two persons and injured scores, continued for the eighth successive day. It was feared there might be widespread suffering should temperatures continue to fall.

Hundreds of persons passed the night in their motor cars, fearing to remain in their homes.

The crowds of residents began late Saturday to ranches, resorts and the comparative safety of valley and mountain roads.

Main street, one of Montana's brightest Saturday night spots, was dark for the first time in years.

Concern was greatest for about 400 refugees in a tent city at Camp Cooney, the National Guard reservation northeast of Helena. The tents were not equipped with stoves, and there are no large quarters to which the victims might be moved.

The earth quivered intermittently Sunday, but the shocks seemed appreciably lighter.

Heavy snow flakes that fell during the afternoon threatened discomfort to another group—those whose chimneys and heating plants were wrecked Friday night by the heaviest of the 248 earth shocks recorded since Oct. 12.

The property damage was variously estimated from \$1,500,000 to \$2,500,000.

From about 9 to 11 o'clock M.S.T. Saturday night the earth was fairly quiet. At the latter hour, however, a heavy quivering was recorded. Four hours of quiet ensued. Then

from 2 to 4 m. the shocks recurred.

None of these shocks approached in destructive power the Friday night convulsions which twisted the town and harassed its populace.

Between 9:47 p.m. Friday, the time of the severest 'quake, and midnight Saturday night, 156 earth tremors had been recorded. The big shocks were the 60th of a series which had begun about a week before.

Only a scattered handful of business structures were rendered beyond repair, but the cumulative total of cracked walls and fallen brick work led Oscar Benson, city engineer, to estimate property losses above \$2,000,000.

Benson said about 150 homes would be vacated temporarily for further inspection, emphasizing that this figure likely would be greatly reduced as examination progressed.

As to the cause of the 'quakes, Professor Perry Byerly of Berkeley, Calif., said it was the general series of 'mountain building' in the bowels of the earth.

All places of public gathering in Helena were ordered closed until further notice. The order applied to theatres, churches, schools, libraries, dance halls, beer parlors—every place where the public might congregate under a roof.

A new \$500,000 high school building shown great gaps in the walls of a wing. Sections of these walls, running from corner to corner and 10 to 20 feet in depth, had fallen. The roof caved in, and the wooden interior supports were shown, twisted and bent in the gaps.

Enforcement Of Act Delayed

Premier Aberhart Gives Out Statement Regarding Health Insurance

Edmonton.—State health insurance will not be brought into effect for some time, it was announced by Premier Aberhart. The act, passed at the last session of the legislature, will stand over until payments of basic dividends begin.

"One reason for not taking action now is that Social Credit means health benefits for the people," the premier said.

The objection was that under state health insurance there would be direct levies on people living in a unit organized under the plan.

As a result it is felt, he said, that the matter should stand over until Social Credit is brought into operation, when there would be no material health benefits for the people.

Killed In Air Crash

Sen Of Admiral Sir William Fisher Loses Life In Plane Accident

London.—Pilot Officer Nevill Fisher, 21, the son of Admiral Sir William Fisher, commander-in-chief of the Mediterranean fleet, was killed in an air crash at Brannecove, Lincolnshire.

The plane went into a tailspin while the flyer was studying. Fisher jumped too late and his parachute did not open.

Ban Is Modified

Toronto.—Horn tooting between 11 p.m. and 7 a.m. must cease in Toronto "except when required by law" by law. It has been ruled by city council. The clause making exception for law requirements was inserted as an amendment before the bill was passed by the civil legislators.

Tons Of Munitions Hurried Forward To Assist Ethiopian Army

Zella, British Somaliland.—Ethiopian commanders and their staffs are working at high tension day and night to complete plans to oppose Hareir on a battleground of their own choosing, according to reports reaching here.

Cheered by Somali tribesmen, trucks carrying new rifles and cartridges for the Ethiopian army are speeding daily through British Somaliland, en route to Jijiga and Hareir.

More than 100,000 tons of munitions, shipped across the Red sea from Aden and loaded by British vessels at Berbera, have been delivered safely across the frontier since

British lifted the arms embargo against Ethiopia.

Had dry weather enabled Italian tanks to make a dash through the desert, this route from the coast would have been cut off and the emperor's costly purchases would have been useless. But continued rains have delayed the tanks and held up the Italian troops.

Rifles have been redistributed by the male load to troops scattered in the highlands, where, even the wildest rejoicing following their receipt. Hardy hill fighters who never saw a modern weapon before, acknowledge the precious gifts with kisses and go off waving them in the

Plan Welcome For Lord Tweedsmuir

Official Ceremony At Quebec On November 2

Ottawa.—The official ceremony of welcome to Canada will be extended to Lord Tweedsmuir at Quebec on Nov. 2 on his arrival on the Duchess of Richmond. It was announced. The ceremony at the ancient capital will include the swearing in of the new governor-general.

Suggestion was made the new Liberal cabinet of Rt. Hon. W. L. Mackenzie King, victorious at the polls, may be sworn in here by the administrator, Sir Lyman P. Duff, in the interim. While no official intimation was available, this was thought as a likelihood.

The usual course will be followed with the prime minister of the day with his ministers journeying to Quebec to welcome the new incumbent at Rides Hall. Mr. King, with his colleagues, welcomed Lord Willingdon when he arrived at Quebec in 1926. Mr. Bennett and his ministers went to Halifax to greet Lord Bessborough on his arrival in 1931.

May Try State Medicine

Envisaged For Manitoba By Minister Of Health

Winnipeg.—State medicine throughout Manitoba, if an experiment about to be made in a small area proves successful, was envisaged here by Hon. I. B. Griffiths, provincial minister of health and public welfare.

Preparations now were being made by the government to establish a unit area in which a form of state medicine will be tried out, he said. The ultimate scheme would involve free medical, hospital and drug service to individuals, the cost to be borne "probably by provincial and municipal governments out of taxes."

In the unit area contemplated, said Mr. Griffiths, there would be no change in the present system except that doctors, druggists and hospitals would not send bills to patients. Payment would be taken care of from a common fund provided by the municipal and provincial governments.

Weather Held Up Ballot Box

Voters In Northern Mining Camp Deprived Of Poll

Ottawa.—Elections at the mining camp of Chibougamau in the new constituency of Chapleau, Que., deprived of a poll on election day because unfavorable weather prevented the ballot box from being found, he said.

Similar situations have arisen in previous elections where unforeseen difficulties prevented a ballot box from being found. The principle was followed that ballots could not be cast after election day. A total of 129 voters are located at the northern mining camp.

Wedding Will Be Broadcast

Ottawa.—The Canadian Radio Commission announced it would broadcast through co-operation of the British Broadcasting Corporation the ceremony November 6 of the wedding of Duke of Gloucester and Lady Alice Montagu-Douglas-Scott.

VISITS CANADA

Lord Rothermere, British news paper magnate, who has arrived in Canada to spend a short vacation. He will spend the majority of his visit in Toronto.

Study Air Currents

Balloons Sall Into Stratosphere To Collect Valuable Information. Calgary.—Every night at 6 during last week a balloon was released at Calgary airport to sail into the stratosphere and collect valuable information concerning air currents and temperature.

The experiment, carried out by C. H. Bromley of the Calgary meteorological bureau, are in conjunction with Dominion-wide work under the supervision of John Patterson, chief of the Dominion meteorological bureau at Toronto.

Three balloons were released in Calgary last March when the experiments began and another trio were sent out on fact-finding missions in June. Four were found, one going as far east as the Alberta-Saskatchewan boundary.

When the balloons burst in the stratosphere, the double kite carries the instruments safely to the ground. The aluminum case is fixed between the kites and never touches the ground. Directions are attached to the kites asking that they be forwarded to the meteorological office at Toronto where a reward will be paid for their return.

Series Of Earthquakes

Starts New River Running Near Afghanistan Border

Moscow.—A new series of earthquakes in the district of Tadzhikistan near the Afghanistan border, destroyed several villages and started a new river running from the mountains, said dispatches.

In all, there have been three series of 'quakes in the region, beginning October 8. The total dead was placed at 107 after the first two series and apparently the death toll was not great in the third disaster.

Uniform Text Books

Winnipeg.—Possibility of a joint education board being set up for the prairie provinces, with the objective of having uniform text books in the west, will be explored by the Manitoba department of education. The departments of education in the other provinces will be asked for their views.

Peaceful Settlement Of Ethiopian Difficulties Said To Be Possible

Canadian Legion Anniversary

Celebration In November By Branches Throughout Dominion

Ottawa.—Arrangements are well advanced among branches throughout Canada for the celebration next month of the decennial anniversary of the founding of the Canadian Legion, J. R. Bowler, general secretary, announced.

In connection with the birthday celebrations General Alex Ross, Dominion president of the legion, will undertake a tour of the country. He will be present at the Alberta provincial convention at Medicine Hat this month and will be in Winnipeg for the Armistice Day ceremonies Nov. 11. Following that the general will tour Ontario, winding up in Ottawa on Nov. 25, when a public function celebrating the anniversary will be held.

Legion officials are hopeful the governor-general designate, Lord Tweedsmuir, may be able to attend.

Air Base Established

Over Thousand British 'Planes Are Now In Egypt

Alexandria, Egypt.—Military authorities have agreed the establishment of fighting aeroplanes, 16 miles from here, would be the real British defence base in the event of trouble in the Mediterranean. This air base, behind the historic Bay of Abukir, where Admiral Nelson sealed the fate of Napoleon's adventure in Egypt, is the greatest in the near east and one of the most alert in the world.

Authorities estimate more than 1,200 royal air force planes are here, but all private observers can see is a barbed wire fence along a road which bisects a great field—that, and numerous hangars.

Want Compensation

Madrid.—Reliable reports from Geneva said Spain has removed the claims of some commercial compensation if Spanish trade suffers because of economic sanctions against Italy.

No Voluntary Wheat Pools To Be Operated This Year

Winnipeg.—With the long-sought Dominion wheat board in actual operation, no voluntary wheat pools will be operated by the Manitoba Pool Elevators, Limited, this year, it was disclosed in the report of directors accepted at the annual meeting of the pool delegates.

Similar action on dropping voluntary pools in favor of marketing by the Dominion wheat board will be taken by the Saskatchewan and Alberta wheat pools when their annual meetings are held shortly, said C. B. Macdonald, chairman of the central selling agency.

Increased handlings of wheat, increased membership and reduction of the board entered into its operations "to handle coarse grains and to set a minimum price which approximates the cost of production." Such action can be taken by the board if approved by the governor-general-in-council.

Pool members will continue to have the alternative of delivering their wheat to pool elevators and either accepting the street price when delivery is made or selling through the board. The board set a minimum price of 87½ cents a bushel at Northern, Fort William basis, and further payments will be made to growers if earnings of the board warrant them.

With due instalments paid to the Manitoba government, indebtedness of the pool to the government as a result of re-financing four years ago, now stands at \$1,639,363.87. Payments made this year were \$254,000.10 on interest and \$85,292.28 on principal. "The liability of the Manitoba Pool Elevators to the province will be paid in full," said the directors' report.

Increase in membership of 864 brought the total membership to 10,142, the report said. Wheat handled increased from 10,634,350 in the crop year 1932-33 to 10,968,637 in the crop year 1933-34. After taking into account expenses, a net operating surplus of \$308,524.15 was shown from which the payments to the Manitoba government were deducted, leaving other payments to working capital, etc.

GREEK MONARCHY SWIFTLY RESTORED BY MILITARY COUP



In a swift Royalist coup d'état, Greece rejected her 11-year-old republic and restored the monarchy. It is understood that King George II. will wait till he hears the result of the nationwide plebiscite which takes place on November 23 after he returns to Athens. Above, left, is General George Kondylis, Royalist leader, who led the stroke. Centre is a picture of part of the harbor at Athens, while inset is a recent picture of the George, who, after eleven years exile in London was acclaimed King by the Greek National Assembly.

Boys' And Girls' Farm Work Contests

Elimination Contests Held In Several Provinces

This has been a very active year for members of boys' and girls' farm clubs throughout Canada. In addition to the ordinary duties required under the various live stock, field crop, horticulture and home economics projects, club members have been in competitions of various kinds. The provision of special grants by the Dominion Department of Agriculture to Class A and Class B Pairs and to summer and winter shows for junior activities has afforded an opportunity for a great number of club members and other juniors to participate in competitive and educational programmes at a great many exhibitions.

With the approach of the Royal Winter Fair at Toronto, at which time the annual national club contests will be conducted, interest in provincial elimination contests for the selection of teams to compete at the Royal Winter Fair has reached a high pitch. The contests at Toronto will be held on November 19 next under the direction of the Canadian Council on Boys' and Girls' Club Work and the competing club teams will be guests of the Council at Toronto for five days.

Thirty-two teams, of two members each, representing all of the provinces, are expected to participate in the contests at the Royal Winter Fair under six projects—dairy cattle, beef cattle, swine, poultry, seed grain and seed potatoes. The teams will have earned the right to compete at Toronto, first by having attained the highest standing in the local club and then by having won the provincial elimination contest.

At the time of writing elimination contests have been completed in Prince Edward Island, British Columbia, Nova Scotia and Quebec. Other eliminations will be completed during the latter part of October and early November.

The committee in charge of the club contests at the Royal Winter Fair met in September to plan the details of the contests. The committee members are: L. C. McQuat, General Agricultural Agent, Nova Scotia; Pacific Railway chairman, L. C. Roy, Agricultural Agent, Canadian National Railways; and W. J. W. Lennox, District Seed Inspector, Seed Branch, Dominion Department of Agriculture, Toronto. From every part of Canada very keen competition on the part of club members for the privilege of participating in the contests at the Royal Show is evident.

Delayed Parachute Jump

Physiologist Says It Is Like Falling Into Soft Down

The earthly experience most closely approximating a delayed parachute jump is "that of being slowly lowered into a great bed of soft down," according to Captain Harry G. Armstrong, head of the Physiological Research Laboratory of the Army Air Corps at Wright Field, Dayton, Ohio. This is his description of his reaction to his own first parachute jump from an airplane at 2,000 feet. He fell for 1200 feet before pulling the rip cord and opening his parachute. The jump was made to determine exactly the mental and physical reaction of a normal person during such a fall. His findings are incorporated in an article published in this month's Journal of the American Medical Association.

Captain Armstrong said that he experienced no nausea during the fall. His breathing was regular and undisturbed, his eyes unimpaired, although he was falling at the rate of 120 miles an hour and wore no goggles.

He did not recognize that he was falling, he writes, until at a 1,200-foot level he suddenly noticed that the ground was rapidly approaching. No other sense indicated his fall, he said, being unaware of his falling while his eyes were closed.

Throughout his mental processes were entirely normal. Anticipatory fear and excitement passed immediately after he jumped. The one abnormality of sense was the absence of sound.

Mink Shipped By Plane

Three pairs of live mink were shipped by aeroplane to Frank Yasuda at Fairbanks by Charles Rudy, of Juneau, Alaska. The sleek, brown animals were moved in a special three-compartment crate one pair to the compartment. They showed no ill effects from their ride.

"Your vacation problem doesn't bother you?" "No, you see, my boys tell me when, and my wife where."

NEW GOVERNOR-GENERAL ATTENDS FAREWELL BANQUET



Lord Tweedmuir, the new Governor-General of Canada, was the guest of honor of the Royal Empire Society in London at a farewell luncheon shortly before sailing for the Dominion to take over his duties. In the top picture Lord Tweedmuir, centre, is talking to Admiral Sir W. Goodenough, Chairman of the Society, while the Hon. Robert Bingham, United States Ambassador, sits on the left in the picture. Below, Lady Tweedmuir sits next to the Earl of Athlone, Queen Mary's brother.



Revive Apple Trees

Use Of Boracic Acid Injected Into Trunk Found Beneficial

A "shot in the arm" will revive a drooping apple tree and put the bluish back in the fruit, the department of agriculture has discovered. The shot is boracic acid, widely used household antiseptic, injected in the trunk with a brace and bit. The department said it had conducted experiments in efforts to cure Kelowna, B.C., applies trees of such diseases as corky-core, drought-spot and die-back, treating 40 trees in 1933 and 1934 with the result that they bore normal fruit and looked like this year.

Officials cautioned, however, boracic acid injections might be necessary sometimes but it would be better to keep the patient in good health by more normal means.

Growing In Importance

Commercial Value Of Soy Bean Oil Is Increasing

Evidence of the growing commercial importance of soy bean oil is found in the fact that approximately one-sixth of the total yearly production of 37,200,000 pounds of soy oil was utilized for edible purposes, says the Scientific American. Refined soybean oil, produced by modern methods, is a valuable source of vitamins A and D, a source in which vitamin D is not formed artificially at the expense of the vitamin A content.

Refined soy oil is used mostly as a substitute for salad oil, often blended with other oils. In this country it has recently found a new outlet in the mayonnaise industry.

Beale: "Huh! And what did you get the prize for?" Eddie: "For politeness, you simple idiot."

Once Was Enough

Looking After Children Did Not Appeal To Father

This touching story is from the Housewife, the excellent little journal of the Housewife's Association of South Australia.

The mother of a family wanted to go shopping, and the father, a statistician, rather reluctantly gave up an afternoon's golf to look after the children.

When his wife returned he presented her with the following statement: Dried taters, 9 times; tied shoes, 13 times; toy balloons purchased, 3 per child; average life of ball-toss, 12 seconds; cautioned children not to cross street, 21 times; children insisted on crossing street, 21 times; number of Saturdays father will do this again, 0.

You Never Can Tell

Things That Look Like Failures, Often Are A Success

Neil O'Hara, in New York Post says when the Broadway music firm of Shapiro-Bernstein brought out "Yes, We Have No Bananas" the good name of Shapiro-Bernstein was ruined. The banana diatribe became the smash hit of the decade. Similarly, when Simon & Schuster got out its original crossword puzzle book, they were dubious of its ability to elicit the bid behind a subsidiary title, the Plaza Publishing Company. The crossword puzzle book promptly became a national rage and subsequent editions made more money for S. & S. than anything they ever published.

At the request of Hitler, a \$100 four-passenger automobile has been designed in Germany.

Once Considered Good Omen

Spilled Wine Bringing Bad Luck Is Modern Superstition

The superstition of bad luck from spilling wine on the tablecloth is a modern one.

It dates from the time tablecloths came into common use, and was evidently originated to keep the cloth free from wine spots. In pre-tablecloth days it was considered good luck.

A French writer shows that a century and a half ago in France it was considered a sign of coming good fortune to spill wine accidentally on the table.

The dishonest tavern keeper used to profit by it. He aided chance by upsetting the pitcher he served and then exclaimed: "Abundance! Abundance for you! Your fortune is made!" So he smugly took the order for another jug, often many more in the anxiety of expected wealth.

Famous Southdown Flock

Have Been Exported

Sheep from King George's Estate have been exported to New Zealand. The Southdown flock of King George's estate at Sandringham has been famous since its establishment in 1866. In the past summer sixty-two head have been exported for breeding purposes. Eleven shaggy rams and ram hanks went to New Zealand, ten shaggy ewes to Canada, one shaggy ram and ten ewes to South Africa. An average price of \$120 was obtained for the rams.

Great Bear Route Closed

A full week in advance of last year, the open-water air route to Great Bear Lake is closed for the present season. On a final dash for the north, Pilots Stan McMillan and Marlowe Kennedy, of Mackenzie Air Service, were forced to turn on Oct. 9 after covering only part of the distance in a blinding snowstorm.

Using Spare Time

People Who Keep Busy Are Always The Happiest

Some place around your house there is a bit of waste space. Six square feet is plenty. Perhaps it is one corner of the garage; maybe it is in the attic or the basement; perhaps it is in that hall.

Sometime in your life there is a bit of waste time. Perhaps it is just after you get home from the office, and before dinner; perhaps it is in the evening when you don't care to go out for bridge or to the movies. Perhaps you have tired of golf and have your Saturday and Sunday afternoons free for relaxation.

If you could adjust your waste time to fit into that six square feet of waste space, you would be a much happier man. Inherent in the soul of every man is the desire to express himself in some other way than the routine solution of the bread and butter problem. Inherent in him is the desire to gratify his creative instinct and leave behind him something of use to, or for the beautification of, the world. He would like to make something to which his grandchildren might point with pride.

Better than these incentives, however, is the happiness which comes from busy hands in creative work. Why not fit into that six square feet of waste space a potter's wheel, a book binder's bench, a turning lathe, a jeweller's bench, a jig saw, an artist's easel, a cabinet maker's bench, a modelling stand, a printing press or a rug weaver's loom?

Too old to begin? Youngsters of a sixty and more are beginning such things. There is no better relief from the loneliness of age than the pride of accomplishment is nothing compared with the joy we get from expressing ourself in creative work. We can do anything we would like to do—Kiwiana Magazine.

Watcher Disobeyed Orders

Shot Fired At Bird May Have Started Ethiopian War

One shot, fired at a bird, may have started the war in Ethiopia.

This explanation of the U. A. I. border clash last December, the incident that supposedly set in motion Italy's war preparations, was given by witnesses before an international committee of the League of Nations. States member, Dr. Pitman Benjamin Potter, revealed.

Dr. Potter, former political science professor at the University of Wisconsin, said the U. A. I. commission believed that 1,500 Ethiopian troops and 5,000 Italian native soldiers, in the unarmoured and disarmed border guards, had "stared at each other" for 10 days, when some restles watcher fired at a bird.

The commission's decision that Italy was not to be blamed for the incident, deprived Italy of her original complaint. Two Italian members, as well as a French member and Dr. Potter, concurred.

Dr. Potter said he believed Italy had good grounds for remedial action in Ethiopia, in the undefined border status and the fact that Italy could develop the country profitably for both, but declared that her methods were "entirely out of key with post-war procedure."

Tagging Wild Geese

Exhumed Up North Get A Biblical Picture From Jack Miner

If you shoot a goose up around Hudson Bay or in Ball's Land now you get not only a good dinner but Biblical pictures.

Jack Miner, naturalist, from his Kingsville, Ont., bird sanctuary, tied tags to the legs of hundreds of geese this year before they migrated northward. He also sent a shipment of Bible pictures to missionaries in the distant north. Eskimos and Indians shoot the birds, bringing the tags to the missionaries and get pictures for them. Jack Miner also gets a check on the migration of the birds.

All Right Otherwise

A four-year-old boy was taken to a hospital in Pittsburgh for a tonsil operation. Here's what the doctor found: His heart is on the right side, instead of the left; his appendix is on the "wrong" side; his liver is on the left side instead of the right and his left kidney is on the right side and right one on the left.

Wife: "Why is it that we can never save money?" Husband: "Chiefly because the doctors keep doing things we can't afford."

Economics In The Home

Checking Waste And Getting The Most From Materials On Hand

Two women on an income fair for these times of unemployment were debating intake and expenditures and discussing economies. Said one, "Mrs. So-and-so had her monthly income, she'd save a little sum on it. She'd watch every copper and check every unnecessary outlay. But you and I, while we were taught never to waste, were never brought up to think every time we turned over a five-cent piece, 'We were not,' smiled the other, 'but we've got well to begin now to learn.'"

Then they talked over economies practised by their model—a very generous woman, by the way. Never an orange nor a grapefruit skin is thrown away. All are dried and used as kindling in the grate. Potato, turnip, marrow skins are utilized in this way, too, and the labors of the garbage tin lightened. Coal ashes are carefully sifted and fires banked with the siftings. Every atom of fat is saved, some for use in the model's own house, some given away; and when we say fats, we include chicken fat—as good as butter for everything pastry—and roast mutton or lamb dripping. Sheets are turned inside to selvedge, the first sign of a stain in a bath or other towel is checked by damp, broiled by damp, vegetable water is saved for soaps, strips of oilcloth are stitched to the best of mats and rugs to save the wear that comes with turning up; there is a daily survey of the refrigerator and constant supervision of the contents. The housewife is in the proper place, so that when a certain tool, for instance, is needed, it is there, but not waste of time hunting for it, and, as too often happens, someone sent out hurriedly to buy another. The model's ways of managing, in short, varied, but she always has enough and to spare for others.—Birds Broder in Toronto Mail and Empire.

Paid For Keeping Quiet

Tailor's Dummy Can Stand Without Moving For Two Hours

The world's earliest job, which consists of standing still, earns a living for a resident of Prague. He earns his living by standing still and doing absolutely nothing. But it has cost him many hours of practice to reach the present prodigious feat. He can now stand for three whole hours in a shop window, or on a cart, being drawn through the streets without moving. He is called a "living tailor's dummy." He displays the latest styles in men's dress far better than any figure of wax could do, and his employers draw attention to their window by advertising a challenge: "In the middle dummy living man." Nobody is ever sure enough to take a substantial bet on it. Not even the most charming smiles directed at him through the window cause him any fear that he will blink—until his three hours are up. Then he relaxes. He is tired out, but his "work" pays well.

Has Become Expert

Certificate Granted To Canada's First Woman Lifboat Operator

Mrs. Hilda Publicover, stewardess of the Prince Rupert, a coastal steamship operated by the Canadian National Steamship Company, has passed the government's examination for a certificate to operate a lifboat, and becomes Canada's first woman lifboat operator.

Mrs. Publicover is a widow with two children. She is very popular and highly respected by the traveling public, and has been with the Canadian National boats for five years on the Alaska run. The examination for the certificate calls for practical demonstration of performance including going down the side of the ship on a Jack ladder to the waiting lifboat, stepping and rigging the mast and display of oarsmanship.

Added Insult To Injury

Wilkins, the owner of a bootshop, sold a lot of his wares on credit, but found out that the money was not coming in as he expected.

"You'll have to call on them and demand cash," said his wife one day. Wilkins sallied forth full of determination. He returned about an hour later.

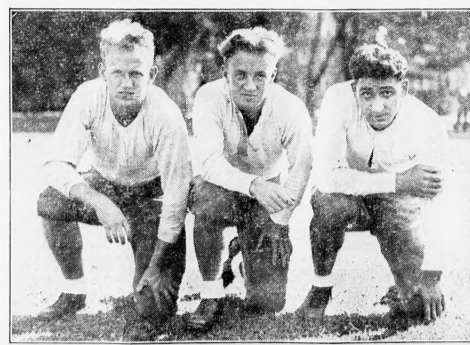
"We've asked his wife. 'Nothing,'" Wilkins sadly murmured.

"Didn't Hawkins pay you?" he persisted.

"Hawkins pay me?" he echoed, hollowly. "Why, he kicked me out with my own boots!"

"Money talks, I tell you," said his wife. "It never gives itself away."

THREE OF TORONTO'S STAR RUGBY PLAYERS



This picture, taken at a recent practice of the University of Toronto's rugby squad, shows three of the U. T. stalwarts. "Cam" Gray, left; Bob Coulter, centre, and Gus Greco, right. Gray, noted for having a remarkably accurate toe, is without a peer in Canada as a placement kicker and is a distinct drawback. He is one of the leading scorers in inter-collegiate football. Coulter needs no introduction, as his play at quarterback is one of the outstanding performances of the U. T. team. Gus Greco, powerful middle wing star, is a great defensive player and would almost carry the ball through a brick wall.

CHAPTER XXXI.

The Man Who Knows

Whether the Remedy You are taking for Headaches, Neuralgia or Rheumatism Pains is SAFE is Your Doctor. Ask Him

Don't Entrust Your Own or Your Family's Well-Being to Unknown Preparations

BEFORE you take any preparation you don't know all about for the relief of headaches, or the pains of rheumatism, neuralgia, or neuralgia, ask your doctor what he thinks about it—in comparison with "Aspirin".

We say this because, before the discovery of "Aspirin", remedies were adulterated with opium, morphine, or other drugs, which were bad for the stomach; or, often, for the heart. And the discovery of "Aspirin" largely changed medical practice.

Countless thousands of people who have taken "Aspirin" year in and out without any ill effects, have proved that the medical findings about its safety were not exaggerated.

Remember this: "Aspirin" is rated among the *fastest methods yet discovered* for the relief of headaches and all common pains... and safe for the average person to take regularly.

"Aspirin" Tablets are made in Canada. "Aspirin" is the registered trademark of the Bayer Company, Limited. Look for the Bayer cross in the form of a cross on every tablet.

Demand and Get "ASPIRIN"

MISS ALADDIN
—By—
Charlotte Whiting Parmenter
Author of
"One Wide River To Cross"
"The Unknown Port," Etc.

SYNOPSIS

Nancy Nelson is a sub-deb, a grey, irresponsible girl of nineteen who cares beyond the choice of her costume for her coming-out party. Suddenly, in the market crash, her indulgent father loses all he has, and his family is faced with the necessity of a simpler method of living. At this juncture a letter is received from an eccentric relative in Colorado, who offers the girl a home on what seems to be impossible conditions.

After much consideration Cousin Columbine's offer is accepted, and Nancy and Jack arrive at Pine Ridge. Nancy retires one afternoon to climb to the top of a hill so as to obtain a view of the surrounding landscape and misses the Aurora Tube had told her to follow. A truck comes along the road, driven by Matthew Adams, and she asks him which way to go. They receive the bill, look around, and then go on to Cousin Columbine's. There Mark Adams tells Nancy that the other Luke has broken his leg, and that Jack Nelson has been hurt. To help out while Luke's leg gets better, with Jack away, Nancy finds a substitute, and having no books to read, the idea of starting a public library is born. Jack, who is a good one, and Nancy writes home to get her parents to send all the books they could spare and all they could induce others to let them have.

Nancy's parents and friends gave their liberal support to her request for books, and a sizeable box arrived in due course. Father Adam painted a sign for the library, and the Adam boys worked on the shelves for the books and decorations to make the look presentable.

Jack Nelson, Matthew Adams, and Nancy go to the prairie home of Matthew's uncle for the ride, and after Nancy and Jack have for home, they are caught in a blizzard. Jack and Nancy's uncle, who is a doctor, and who the swirling snow they collide with is full of school children, which was rattled across the road with its books resting in a snow-filled ditch. They are being wrecked, Jack and Nancy stay with the children and do all they can to help them. Jack and leg Jack acts out for help in the blizzard. He succeeds in finding help, and the party of the rescue party and Nancy are rescued. As a result of the excitement, Nancy's father, Jack, and Jack is seriously ill with pneumonia, but both of them recover.

Now Go On With The Story

The days that followed etched new lines in Columbine Nelson's face, for only a few hours after her second telegram to Massachusetts Jack took an unexpected turn for the worse.

"Shall I send for his people?" she questioned, when after a time that seemed endless a grave-eyed doctor emerged from the boy's room.

"I should wait," he answered. "If Jack were my own son, Miss Nelson, and I so far away, I should say the same. You see, if the end comes, it will be soon; and since his parents could not reach here in time to see him, isn't it kinder, and wiser too, not to harrow them with the knowledge of how dark the prospects look just now? If he lives through the night the boy will probably recover. He's putting up a magnificent fight, and every nurse and doctor in the place is fighting with him—in spirit, anyway. I don't say that his condition isn't desperate; but somehow I've the conviction that he'll make the grade."

Miss Columbine did not leave the hospital that night; nor did she close her eyes till early morning when nurses appeared to say that Jack seemed to have turned the corner and that the doctor felt the worst was over. Not until then did the old lady cry a little, and the doctor ordered a powder that brought sleep. It was almost noon when she heard a rap upon her door, and Matthew Adams entered the room.

"Did I wake you, Miss Columbine?"

"No! It was only snoozing. How everything now, Matt?"

The young man came down on the bed and grined at her.

"Jack's sleeping—naturally. Nancy isn't suffering this morning; and it isn't as if the kids were coming in. Through without a single amputation. That Osgood boy's been telling me what happened. I tell you, Miss Columbine, I take off my hat to Jack and Nancy—and to some of those brave youngsters too."

"But the papers didn't exaggerate this time," she observed.

"You're right. But just the same I'm sure my guess if it's not some of your young relatives of those years when they read the story! How do you suppose it feels, Miss Columbine, to have the country regard you as a hero?"

"Well, it won't hurt either of 'em," responded the old lady. "They've got the Nelson name sense. It's who's likely to be puffed up. Matthew! Think of the courage it must have taken for a boy to start out in this when the driver had disappeared! And Nancy! A girl brought up as especially—everything soft and easy so far as she's concerned. Well, all I can say is that that pioneer mother would have been proud of her!"

Matt nodded with pleasure that Miss Columbine spoke with her accustomed briskness.

"You must go home to-day, Matt," she said later. "It's been a long time since you were here; but your father needs you, and I'll not be babied any more."

The young man smiled.

"I've had a wire from telephone, to stay on duty a day longer. Mark's on his way in from Prairie Ridge right now. Mother's coming down in the truck to take him home and incidentally, pick out a new car. That's one good thing came out of this blizzard, Miss Columbine, we've practically forced to buy a decent automobile. The old one's done for, and even Dad can't rake up an excuse to get us out of it. The team clinic is thrilled at the prospect. We're to have a family reunion at the Ford agency this afternoon."

"Your mother deserves a modern car if anybody does. Is Mark all right again?"

"I'm not sure whether he was or not, the swirling snow they collide with is full of school children, which was rattled across the road with its books resting in a snow-filled ditch. They are being wrecked, Jack and Nancy stay with the children and do all they can to help them. Jack and leg Jack acts out for help in the blizzard. He succeeds in finding help, and the party of the rescue party and Nancy are rescued. As a result of the excitement, Nancy's father, Jack, and Jack is seriously ill with pneumonia, but both of them recover."

Now Go On With The Story

To Help You AVOID MANY COLDS

At the first nasal irritation or snuffle, apply Vicks Vapo-rinol—a few drops up each nostril. Used in time, it helps prevent many colds entirely.

VICKS VAPORINOL

All the Vitamins of COD LIVER OIL PLUS

Bone Building MINERALS

Cod Liver Oil when digested supplies many necessary elements for proper growth of body and bones, and the Hypophosphates of Lime and Soda, prepared for easy digestion helps insure proper body and bone development.

SCOTT'S EMULSION

THE DIGESTIBLE COD LIVER OIL WITH THE PLUS VALUES
For Sale By
YOUR DRUGGIST

Thus there came a day some two weeks later when Nancy found herself in the big black walnut bed again, with General Grant looking down disapprovingly, she thought, on her Chinese coat; and Mark Adams looking quite the opposite, as he stood in the doorway.

"Pursuing your fan mail?" he questioned solemnly.

Nancy laughed. Her bed was strewn with newspapers and letters, not to mention various telegrams from her admirers.

"Come in and be seated, No, not on the bed, Mark! My feet don't seem to belong to me yet, and I've got the feeling that if anybody else's 'em' they'll break off. Where's Matt? I want him to read some of these foolish letters. Can—can you heat that?"

"She tossed him a mischievous, but before Mark had time to look at it, Aurora Tubes puffed up the stairs."

"What'll you have for dinner, Nancy? There's a steak, and some fried potatoes, and some housewife tomatoes that can be expressed this mornin' from a sincere admirer in Port Collins, wherever he is. Would you like apple pie, or a good baked custard? Mark Adams says to order anything you want. My stars! Your boy's a perfect sight. I hope this praise you're gettin' won't turn your head."

"Nancy smiled and replied: 'I'll choose the pie, Aurora. And could we open a can of your wonderful string beans?'"

"Sure we could. Why don't you ask right out to stay to dinner, Mark Adams? You might as well as sit there lookin' hungry."

Mark shook his head, endeavoring to appear grined.

"You wrong me, Aurora. I'm headed for Colorado Springs soon as my old brother ever comes home in the new car. We're to swap vehicles; and I dare say Matt would appreciate that gratifying."

"I think he's gettin' awfully sweet on her," observed the woman, so soberly that Nancy suppressed a smile.

"So'm I," said Mark, and grined at Nancy.

Aurora moved forward, her brow furrowed with worry.

"I hope to goodness it won't make no trouble in the family, Mark Adams. 'Twould break your mother's heart if anything was to come between you boys. What are you young'ers about now, Nancy Nelson? It's no laughin' matter for two brothers to get sweet on the same girl."

"I don't know," said Nancy. "The Elton brothers up to Cripple Creek. They both fell in love with Sarah Peters and—Yes, Miss Columbine."

"Was a warning sounded from below?" "I know you told me not to talk Nancy to death. I'm comin' now."

"And she leaves us," Mark said tragically. "You know he's in complete ignorance as to the fate of those unfortunate Eltons! I'll look in on Jack this afternoon. Nancy. Want me to take him some of the accumulation?"

"I do if you won't forget to bring them aboard. I'm saving every one of these absurdities to show my grandchildren. Jack's seen the papers, I suppose."

"He says he feels like Lindbergh! The last of those kids goes home to-day. Nancy. It's wonderful how well they all came through."

"Isn't it I was so awfully afraid for some of them. It makes me shudder just to remember how they suffered. It's that Matt, bunking so cheerily below the window? Hand me that compact on the bureau, Mark. I expect I look a tawdry."

The young man then drew her a reproachful glance as he obeyed.

"I note that the fact that you used no powder or lipstick on my account, Mrs. Aladdin. Say! Aunt Em sent in a big donation for the library. I'll see the books with Mary Taylor, but she suggested you might like to look 'em over here."

"I would. I can hardly wait to get back to the library. Juanita says—"

"All ready, feller," called Matthew from below.

Mark went to the stairway and looked down.

"Why don't you join us, brother? You know if your brother's hat still fits his head, my dear. So long."

As Mark departed, Matt drew a chair nearer the bed.

"Great! And don't call me an invalid. There's nothing the matter except that my feet feel sort of—well, sort of brittle!"

"Mark Adams," called Miss Columbine, "you come right down. You've been and snafu all an hour. It's Matt's turn now."

"Coming," called Mark; and then to Nancy: "I'll drop in later and let you know if your brother's hat still fits his head, my dear. So long."

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Man, they're good!



Christie's Premium Soda Crackers, made crisp and fresh in Western Canada for Western Canadians.

Christie's Biscuits

"There's a Christie Biscuit for every taste"

Bicycle With Wings

Short Flight Has Been Achieved By New Invention

From Germany came the news of the first flight ever achieved by human power alone. Since time immemorial men have been trying to conquer the air in various contraptions propelled by human muscles and the spectators at Frankfurt-on-Main saw a sort of winged bicycle actually leave the ground in a flight of several hundred yards.

So what? Does this presage a time when we shall leap on our aerial bicycles, and sail through space? The inventor says so, but we are inclined to doubt his Terrestrial bicycles, if you recall, became somewhat less popular with the development of the gasoline engine. It would be great sport to go pedalling through the air, but when one can sit comfortably at the controls and let an engine do the work—well, somehow aerial bicycling seems less attractive. If it came to a choice between flying flippers and flying bicycles, we have a pretty good idea of which the public would choose.

—Detroit Saturday Night.

Tribute To Women

Largely In Contributions To Our Modern Civilization

Women's contribution to civilization has been a large one. No less an authority than Mary R. Board, the noted historian, claims that women launched civilization. She points out that primitive woman was the cook and the guardian of the hearth, that women were the butchers, millers, harvesters, that they evolved the process of spinning weaving, spinning, that according to one authority they even invented the suction pump and that they are credited equally with men with discovering the origin of fire—Country Life in B.C.

All Have Same Idea

Seven Sons In One Family Serve On Police Force

A family of seven sons, and all in the police force, is the record set by Mr. and Mrs. M. Duncan, of Post-ay, Scotland. Duncan senior, also served as a policeman for a number of years, but left the force, and took up farming. After leaving school to train the seven sons tried to farm. Six of them are six feet and over in height, while the youngest, who is only 18, is five feet 11 inches.

Space is not exactly crowded, considering an astronomer's statement that space unoccupied by stars is 100 million million million times as great as that the stars themselves occupy.

Plumage Vitis Battlegrounds

A quarter of a million plumage vites the Great War battlefields of France every year, and of these six per cent are German, twice as many as British. No fewer than 14,700 Germans visited Verdun alone during 1934.

As late as 1900, English rustics caught rain water falling on Auction Day. The water was bottled and used in all bread baking to insure "light" bread.

2121



Christie's Premium Soda Crackers, made crisp and fresh in Western Canada for Western Canadians.

Christie's Biscuits

"There's a Christie Biscuit for every taste"

Little Helps For This Week

A bruted reed shall He not break. Isaiah 42:3.

All my life I still have found And I'll forget it never. Every sorrow hath its bound. No cross remains forever. All things else but have their day. God's love lasts for aye.

We have never had more than we can bear. The present hour we are always able to endure. As our day so is our strength. If the trials of many years were gathered into one they would overwhelm us, therefore in pity for our little strength He sends first one and then another, and then removes both before He lays on a third heavier perhaps than great, but all is so wisely measured to our strength that the bruised need not be broken. We do not look enough at our trials in this successive and continuous view. Each one is sent to us to teach us something, and although they have a lesson which is beyond the power of any to teach alone.

—Detroit Saturday Night.

New Air Weapon

Huge Bombers Submitted To United States Army For Approval

A new Vulture observation bomber, described by experienced aviators men as "the most powerful air weapon ever devised," has completed secret factory tests and will be submitted to the United States Army for approval.

Perhaps the most striking development of the \$20-horsepower bomber, which can fly at 250 miles an hour fully loaded, is its canopy of shatter-proof glass, which permits unobstructed vision and preserves low resistance.

The bomber is equipped with one machine gun and four fixed machine guns. Alternate armament can be one 1,100-pound bomb, or 24 bombs of 100 pounds each.

The big ship also can carry pressure tanks for poison gas, or be discharged over trenches at 250 miles an hour.

USE QUAKER NATURAL BRAND

for baking...

BECAUSE Quaker Bran is natural bran. It mixes better, rises lightly and imparts that delicious real bran flavour to muffins, cookies, cakes and bread.

Quaker Natural Bran is more economical than prepared bran for baking—it's a splendid health food which supplies the bulk necessary to correct constitutionally and naturally.

DeQuaker Natural Bran today. See for yourself how it improves bran dishes—and how economical it is. There's a recipe folder and a valuable coupon in every package.

TRY THIS SUGGESTION

for a healthful, energizing breakfast

Bran Muffins, Marmalade, Bacon, Cereal and Coffee

Look for the Quaker Natural Bran display at your grocer's. He sells all the ingredients for this delicious breakfast. Things you for Bran Muffins is in the package.

2121

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BECAUSE Quaker Bran is natural bran. It mixes better, rises lightly and imparts that delicious real bran flavour to muffins, cookies, cakes and bread.

Quaker Natural Bran is more economical than prepared bran for baking—it's a splendid health food which supplies the bulk necessary to correct constitutionally and naturally.

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THE EMPRESS EXPRESS

Published in the interests of
Empress and District
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year to any part of Canada
or Great Britain
\$2.50 to the United States
E. S. Service Proprietors A. Haskin

Thursday, Nov. 7th, 1935

In the Red Deer River
was measured as 9 inches thick,
this week.

The Castle Coombe W.M.S.
will meet at the home of Mrs.
Alex. Rowles, on Wednesday,
November 13, at 2 p.m.

With the advent of warmer
and chinkier weather on Tues-
day, hopes were expressed that
the snow would go.

Don McRae, L. Hutchinson
and a number from the south
west district, who had been
helping with threshing opera-
tions in the vicinity of Cam-
bridge, arrived back home on
Thursday of last week.

Reports are that since the
snowfall, and practical resolu-
tion of our travel, railway busi-
ness in passenger travel has had
a decided increase.

United Church: Song service
at 7:15 p.m., preceding regular
service at 7:30 p.m., Sunday,
November 10.

The book of the moment
"Becoming Nationalism," new
edition just off the press. Au-
thor, Maurice Colbourne. Price
now, \$1.00. Order through the
"Empress Express."

Mrs. S. Smith, who has been
visiting here for the past month
with her brother, Mr. Geo. H.
Hurlburt and his family, left
for her home in Toronto, Ont.,
on November 1st.

Monday, in this district, the
day turned sunshiny and warm,
after the early morning having
the appearance of its being a
stormy day. Further east of us,
however, the day was windy
and cold, with snow falling.

R. M. Mantario--cont.

should be taken out of cultiva-
tion and utilized for commu-
nity pasture; but the Municipality
can in no case undertake any
expense in connection there-
with; and are of opinion the
Provincial Government should
take sole responsibility and
finance same.

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(D. D. N. MacCharles)

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Private on Wednesdays

—THE—

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Corn Beef, Sausages,

Burns' Shamrock

Brand Bacon

and

Fresh Meats and

Fish in Season

Patronize Your Local Butcher

Arnold--That account of Cn.
Hawtin, supervision, 500 be
be paid.

Francis--That the amount
of money estimated to com-
plete construction and repairs
on road specified in the con-
tract with the Government
(Highway No. 44) under the
following locations N 24.26.27
w3; E and N 23.26.27 w3 and
N 23.26.27 w3 is in excess of
of the amount required to com-
plete the work by approximately
\$1,000, that we recommend
that this amount be expended
on road E. of 4 and 9.26.27 w3
(Mantario-Empress).

Leach--That the period dur-
ing which the animals are re-
strained from running at large
--except in Division 1, Division
2, twp. 23 to 28 and sections 1 to
12, twp. 23 to 28 and Div. 3, twp.
23 to 24 to 29 w3 be shortened,
and animals be permitted to
run from the 15th day of Octo-
ber, 1935.

Leach--That a rebate of \$1.25
be made on flour sold to E. E.
Arnold on account of 1 bag
damaged by mice.

Francis--That we approach
the C.N.R. for rock cars.

Don--That the Hawtin ac-
counted that this would be his
last meeting on the Council, as
he was leaving in about two
weeks time for Star City, for a
course of Bible Study, and in-
vited to take the opportunity
of wishing farewell to his col-
leagues.

That this Council place on
record our regret at the an-
nouncement of Cn. Hawtin,

and express our appreciation of
the work he has done during
the last eight years for the
division which he represents
and for the Municipality, by
moving a hearty vote of thanks
and at the same time express
our good wishes to him in the
new sphere of service which he
hopes to undertake.

Hawtin--Owing to the fact
that the Council sat until 7:30
a.m., and that thereby a con-
siderable saving was made in
mileage by causing the con-
sideration of relief applications
after the regular council meet-
ing; he it resolved that the re-
muneration for this relief meet-
ing be at the rate of \$3 per day,
no mileage.

Applications for relief were
dealt with by the Council, sit-
ting as a committee of the
whole, the applications as pre-
sented by the Council to be referred
to the Supervisor, Mr. Lester,
for final approval.

Arnold--That the Reeve and
Cn. Francis and Montgomery
be a committee to meet with
Mr. Lester on all matters pre-
taining to relief.

Leach--That the Secretary
take up with the Game Com-
missioner the matter of the
protection of Coyotes and
Skunks and N. w. 16, with the
purpose of securing the right
to destroy same to protect poultry.

Council adjourned at 7:30 a.m.
October 8th, to meet again on
November 4, at 11 o'clock at the
usual hour.

C. Evans Sargent, Sec. Treas.



James Lind, M.D.

James Lind was a doctor. As
a young man, he joined the
naval medical service at a
time when sailors lived in over-
crowded damp cabins on a diet
of rotting meats and mouldy
biscuits. Lind wrote: "The
number of women in time of
war, who die of ship-
capture, famine, and sword
is not inconsiderable in re-
spect of such as are destroyed by
the ships disease, and by the usual
assaults of intemperate climat-
re."

Lind is remembered today be-
cause he devoted much of his
life to the study of scurvy. At
the middle of the eighteenth
century he published his book
on scurvy. That he had an
excellent opportunity of
studying the disease is evident
when we learn that one out of
five admitted to the naval hos-
pital of which he had charge,
suffered from scurvy.

Scurvy had been known for
centuries, and many methods
of treatment had been devised.
Lind was dead by the time the
Admiralty issued an order in
1795, that a ration of lemon
juice be supplied to all ships of
the fleet. From this date, scurvy
disappeared.

This early work of Lind was
one of the first efforts which

linked a definite disease with
the lack of some essential in the
diet. In the course of time it
came to be known that there
are a number of substances
called vitamins, the entire ab-
sence of which from the diet
causes such grave disorders as
scurvy, rickets, and so on.

This discovery has had a far-
reaching effect, for it is now
known that optimum health is
dependent, in part, upon the
presence in the diet of an
abundance of all the vita-
mines. Scurvy is practically
unknown to us, and severe cases
of rickets are comparatively
rare. A low standard of health,
however, is fairly common.

The public do not need to
know the different kinds of
vitamins as they are designated
by letters of the alphabet. It

is not necessary to know in
what particular foods they are
found in abundance, or to wor-
ry over the manner of function-
ing in the body, provided that
milk, eggs and a good variety
of vegetables and fruit are
regularly used.

Thanks to modern methods
for the preservation and ship-
ment of foods, we live in al-
most perpetual summer as far
as vegetables are concerned.
An abundance of vitamins is
assured to those who use regu-
larly milk, eggs and a variety
of fruit and vegetables. Such
a diet means good health in so
far as the diet contributes to
good health.

Questions concerning health,
addressed to the Canadian Med-
ical Association, 184 College St.,
Toronto, will be answered per-
sonally by letter.

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full term shown.

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☐ Canadian Horticulture & Home Magazine 1 yr.